I SING OF A MAIDEN



A Carol for Mixed Choir (SATB)

Phillip A. Cooke

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(2016, rev. 2024)

PERFORMANCE NOTES

- All breath marks have been left at the discretion of the conductor.
- The *mmm* sound is a resonant humming sound, perhaps with a slightly open mouth if necessary to create a fuller sound.
- The solos can be taken by more singers if necessary.

I sing of a maiden was first performed on the 07 December 2016 by the Choir of King's College, Aberdeen at St Machar's Cathedral, Aberdeen, UK

Duration: 4 minutes

He came as still

To his mother's bower

Cover photograph: The Annunciation, Sofia Moroz

For more information: www.phillipcooke.com

TEXT

I sing of a maiden That falls on the flower.

That is matchless,
King of all kings
He came as still

For her son she chose. Where his mother lay

As dew in April
He came as still
That falls on the spray.

Where his mother was

As dew in April Mother and maiden

That falls on the grass. There was never, ever one but she;

Well may such a lady God's mother be.

As dew in April Anon.

PROGRAMME NOTE

I sing of a maiden, is a simple setting of the beautiful medieval lyric poem on the Annunciation. The text has been set by some of the leading twentieth and twenty-first century composers, and with the simplicity and stillness of the poem it is easy to understand why. My setting takes the serenity of the text and works it through the different sections. The work is in an ABBBA form with the opening alto solo returning in two guises at the end: firstly in a jubilant full choir harmonisation, then a soft reprise of the opening.

There is an emotional duality in the text of *I sing of a maiden* that I tried to capture in my setting: on the one hand there is rapture of the Annunciation and all that entails, but there is also the delicacy and introversion of the Virgin Mary at this critical moment. I wanted to capture some of this introversion and at the same time pay homage to great carols of the early twentieth century that do the same – Peter Warlock's *Bethlehem Down* and Herbert Howells's *A Spotless Rose* – I hope in some part to have done this.

PAC

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ANON., MEDIEVAL

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